

# Health begins in the family – A European comparison

Caritas Alba Iulia - Romania

## **Facilitating access to**

- clean drinking water
- family doctors
- health insurance
- obligatory vaccines
- medical treatments
- dental services

#### Main focus on Roma families





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#### **Promoting healthy lifestyle**

- meetings with parents, discussing about health and health education
- promoting the importance of clean environment
- discussions with local authorities on issues of health
- thematic days in daycenters
- summer camps focusing on the issue of health
- inviting external experts in health

### Main focus on Roma families

Frasmus+







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## **Workshops for our experts**

- how to approach health issues in Roma communities
- how to educate parents
- how to raise awareness in health
- how to deal with superstitions and taboos among Roma women

### Main focus on Roma families



