

Erasmus+ / Adult Education

KA2: Strategic Partnership (without intellectual output)

"Health begins in the families-

Prevention and health promotion for families in precarious circumstances in Europe

November 1st, 2020 - August 31st, 2023



Frame of our project:

- Adult Education (2020: 86 partnerships selected in Germany)
- 7 partner organisations from 6 EU-Countries
- Duration: November 1st, 2020 August 31st, 2023
 (34 months; extension because of the Corona pandamic)
- Total Budget: 112.400 Euro
- Lump sums for travelling costs and administration



Seven European Partners:

- Caritas Association for the Archdiocese of Cologne (coordinator DICV), Germany
- Caritas Upper Austria Linz, Austria
- Ministry of Employment, Health and Social Affairs NRW, Düsseldorf, Germany
- West Smethwick Enterprise (WSE), Smethwick, UK
- Asociatia " Caritas Asistenta Sociala" Filiala Organizatiei Caritas Alba Iulia, Targu Mures, Romania
- Fondazione Diocesana Caritas Trieste Onlus, Trieste, Italy
- Association of Lithuanian Children's day care centres, Kaunas, Lithuania
- Sozialdienst Katholischer Frauen, Langenfeld, Germany, (associated)

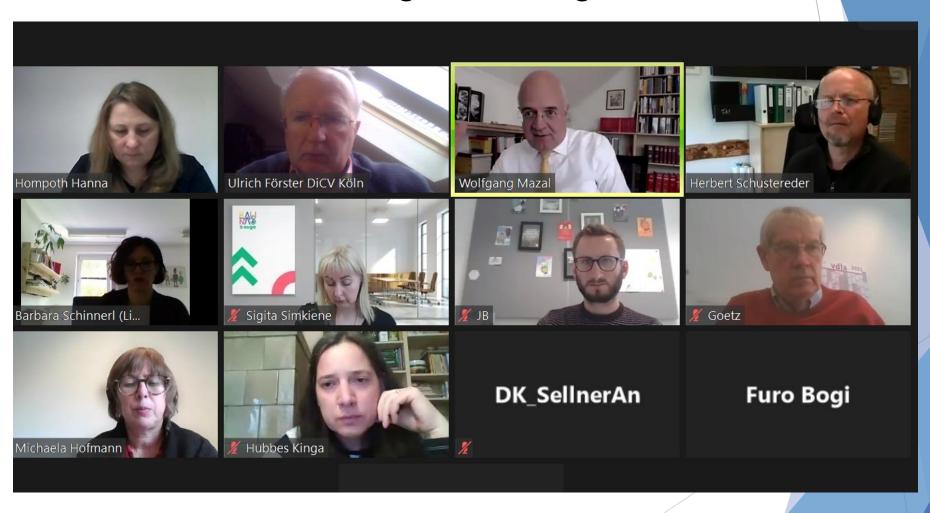


Main aims of our partnership:

- Promote health prevention and health education for disadvantaged families
- Creating a common knowledge base of experts
- Sharing of good practice
- Six 2.5-day Transnational Project Meetings (TPM)
- Around 20 specialists from amongst the project partners will participate in each meeting
- Developing of a training concept for experts on health prevention
- Testing the concept in a workshop on health issues with the project team
- Build up local or regional networks to develop health education services
- Dessiminate the project content, the progress and the results



14 Digital Meetings





Transnational Meetings

- TPM 1 (Linz, A 6/2022)
 Thematic focus: Foundations of preventive health care and health promotion
- TPM 2 (Trieste, I 12/2022)
 Thematic focus: Counselling of (single) parents on the topic of health
- TPM 3 (Targu Mures, ROM 5/2023)
 Thematic focus: Social inequality and health (Roma communities)
- TPM 4 (Cologne/ Brussels, D 7/2023, final workshop)
 Thematic focus: Participatory health promotion



Last transnational meeting in Targu Mures (Romania)





Overall Outcomes:

We have

- anchored the topic of health as an important aspect in our education and counselling work with disadvantaged families;
- gained a deeper understanding of the educational work with disadvantaged families in the partner countries;
- created a European knowledge base through our transnational professional exchange;
- got to know many examples of good practice among our partners;
- held 14 digital meetings and four transnational workshops despite Corona and achieved an average participation of 25 people per workshop;
- developed a European concept for health promotion in disadvantaged families and tested it in our Erasmus+ team;
- carried out many actions and activities on health at local level with families and children;
- established local cooperation and networks on health with experts.