



Erasmus+

Health begins in the family

Prevention and health promotion for families in precarious circumstances in Europe

Project period: 01.11.2020 – 31.08.2023

Final Meeting

Monday, July 24th, 2023, 9:30 a.m.
to
Wednesday, July 26th, 2023, 12:30 a.m.

Diözesan-Caritasverband
für das Erzbistum Köln e.V.
Georgstraße 7
50676 Köln
Germany



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Time	Sunday, July 23rd, 2023		
18:30	Meeting in the lobby of the hotel "Motel One" Waidmarkt, Tel-Aviv-Straße 6, 50676 Köln		Short walk and dinner at 19.00 at restaurant "RheinZeit", Große Neugasse 42
	Monday, July 24th, 2023 Caritas of the Diocese of Cologne, Georgstrasse 7, 50676 Cologne		Start of Workshop
9:30	Opening of the Meeting: Welcome speeches		Heinz Blome, Head of Department Social Integration, DiCV Cologne
9:45	Presentation of meeting's agenda		Ulrich Förster, DiCV Cologne
9:50	Short information about Cologne		Ulrich Förster, DiCV Cologne
10:00	Our project – Info and Current Status		Ulrich Förster, DiCV Cologne
10:15	Round of Introductions - Who is who?		All partners
10:30	Coffee break		
10.45	Presentation of project activities, results and success of the project partners		All partners (15 minutes each)
12:30	Lunch		
13:30	"Lifeworld orientation in health promotion - setting and participatory approaches to reduce health inequalities"? <ul style="list-style-type: none"> • short refresher of health promotion, setting approaches • life-world oriented health promotion with disadvantaged families, examples in youth health promotion: research example "co*gesund" • participatory health promotion (exercises) 		Prof. Dr. Anna Lena Rademaker Hochschule Bielefeld (HSBI) Bielefeld University of Applied Science and Arts Contact: anna-lena.rademaker@hsbi.de
15:30	Coffee break		
16:00	Walk to and visit of the Cologne Cathedral Guided Tour at 16.30 h (1 hour)		
18:30	Meeting in the Lobby of the Hotel		
19.00	Dinner		Restaurant: „Bootshaus Alte Liebe“, Rodenkirchener Leinpfad, 50996 Köln
	Tuesday, July 25th, 2023		



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6:45	Meeting in the Lobby of the hotel Walk to Cologne Main station		
7:42	Cologne Main station - Trip to Brussels Arrival 9:35 h in Brussels (Midi station)		Train ICE No 18, Wagon 22, seats 41—78 Platform 5 A-C
10:00	Arriving at German Caritas Association in Brüssels,		Rue pascale 4-6 1040 Brussels Metro station: Maelbeek
10:00	Welcome Presentation of the work of German Caritas in Brussels		Tobias Kutschka, German Caritas, Brussels
10.30	Project presentation and discussion with EU- Commission		Ms. Malgorzata Kozak, European Commission, Erasmus+ coordination
12:00	Coffee break		
12:15	Presentation of the work of Caritas Europa in Brussels		Shannon Pfohman, Caritas Europa
13:00	Lunch		
13:30	City visit – political Brussels and visit to the old town (ending at 15:45)		Tobias Kutschka
16:22	Train back to Cologne Arrival 18.15 at Cologne Main station		Train ICE No 317, Wagon 22, Seats 11-98 Platform 6
19.30	Meeting in the lobby of the hotel		
20:00	Dinner		Restaurant Toscanini Jakobstraße 22, 50678 Köln

	Wednesday July 26th, 2023		
9:00	Meeting at DiCV Cologne		
9:30	Project visit: “ZentralE” – Counselling center for single parents		Tanja Vogt; IN VIA Cologne Severinsstraße 39, 50678 Köln
11:00	Coffee break		at DiCV Cologne
11:15	Looking back on our Project work Perspectives of our transnational cooperation		Group work



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12:30	Lunch and farewell		
			Departure

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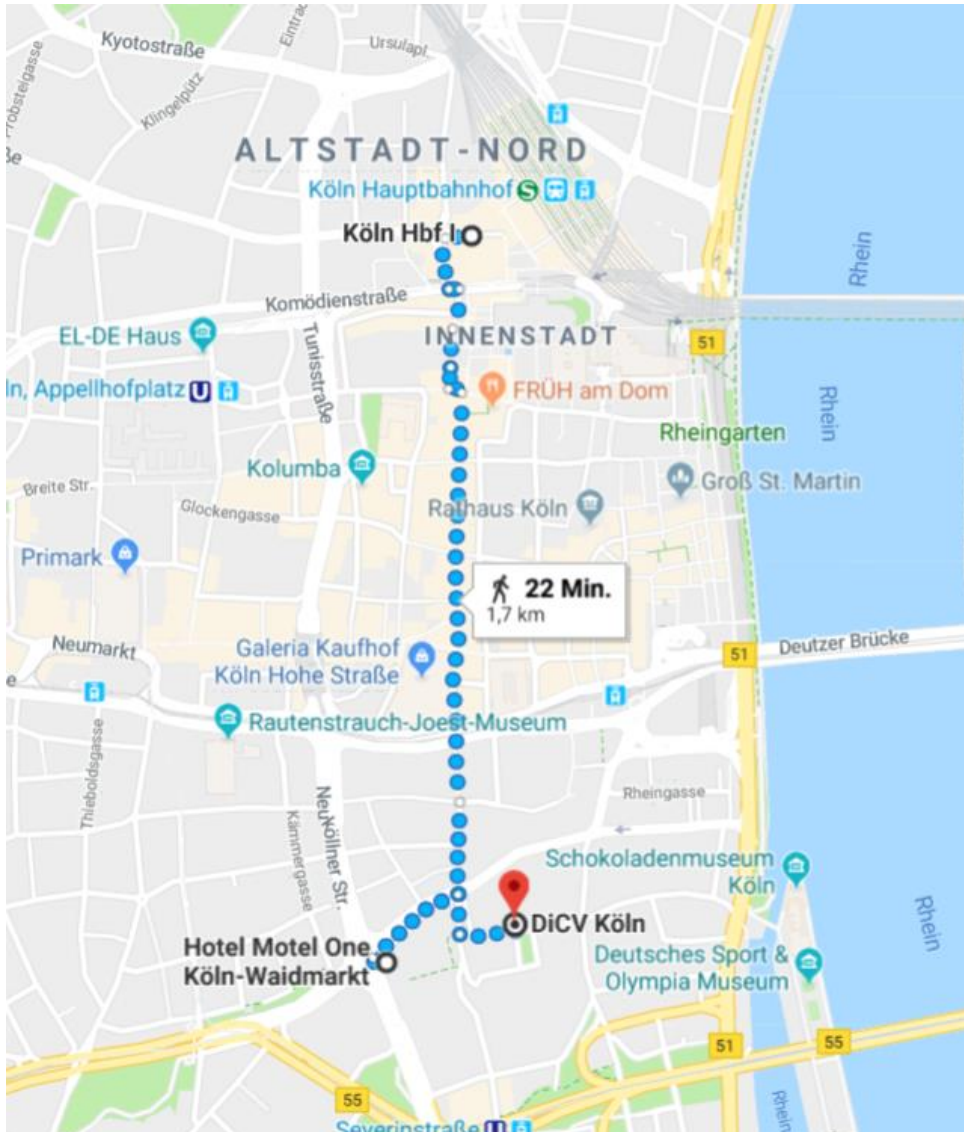
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FROM COLOGNE CENTRAL STATION – MOTEL ONE – DIÖZESAN-CARITASVERBAND KÖLN



FROM THE CENTRAL STATION (BRESLAUER PLATZ) YOU CAN TAKE BUS NO 132 TO WAIMARKT (2,40 €, 10-15 MINUTES).

TAXI COSTS AROUND 15 €.

Hotel Motel One

Tel-Aviv-Straße 6, 50676 Köln – Tel-Aviv-Straße 6, 50676 Köln, Telefon +49 (0)221 2725950

Diözesan-Caritasverband Köln (DiCV)

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